

GENERATIONS PHYSICAL THERAPY

Barboursville
3552 Rt. 60 East
Barboursville, WV 25504
P: 304-733-9560
F: 304-733-1141

Teays Valley/Hurricane
3705 Teays Valley Rd., Ste 100
Hurricane, WV 25526
P: 304-757-2500
F: 304-757-2586

Grayson
144 Carol Malone Blvd
Grayson, Ky 41143
P: 606-474-7649
F: 606-474-0855

Milton
305 E. Main St.
Milton, WV 25541
P: 304-743-6995
F: 304-743-5778

Winfield
3440 Winfield Rd
Winfield, WV, 25213
P: 304-586-4200
F: 304-586-4500

Dr. Travis Tarr, PT, DPT Director of Rehab Services
Dr. Eric Tarr, PT, DPT, MBA, OCS Dr. Holly Tarr, PT, DPT

Name: _____ Date: _____

Diagnosis: _____ Precautions: _____

Frequency: _____ times/week Duration: 1 2 3 4 6 Other: _____ Weeks

PT to Evaluate and Treat

Increase Strength/Conditioning

- Therapeutic Exercise
- Stabilization Program
- Aerobic Conditioning Program

Increase Range of Motion

- PROM/AAROM/AROM
- Joint Mobilization
- Myofascial Release

Modalities

- Moist Heat/Cryotherapy
- Ultrasound
- Electrical Stimulation
- Mechanical Traction

Increase Function

- Sports Specific Activity
- ADL Specific Activity
- Work Specific Activity

Aquatic Rehab Center

- Underwater Treadmill
- Hydroworx

WV Concussion Institute

- Baseline ImPACT
- Return to Play Protocol
- Balance/Vestibular Therapy
- Exertion Therapy
- Education

Neuromuscular Re-education

- Balance/Vestibular Rehabilitation
- Gait Training WBAT/PWB/NWB/TTWB
- LSVT Parkinson's Big Program

Patient Education Programs

- Home Exercise Program
- Back School
- Fall Prevention
- Total Joint Pre-hab

Occupational Rehabilitation

- Functional Capacity Evaluations
- Work Conditioning
- Work Hardening

Snap Fitness 24/7

- Maintenance After Therapy Program
- Nutrition & Personal Training Consult

Additional Comments: _____



Physician Signature: _____

"Move Forward With Generations Physical Therapy Centers"

